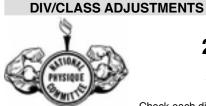
OFFICIAL USE ONLY: DIVISION	CLASS
DIV/CLASS ADJUSTMENTS	COMP #

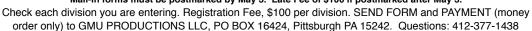


Weight (estimate contest day) _____ Height ____ Name __

Official Entry Form for

2019 NPC NATURAL CAPITAL CLASSIC





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Address	City	State Zip
	Email	O < check if you don't want emails
ist any supplements you have taken in preparati	on for this contest. Write NONE, if none	
BIKINI Open OTeen OCollegiate OTrue Novice ONovice O35+ O40+ O50+ OFirst Responder OArmed Forces	MEN'S PHYSIQUE O Open O Teen O Collegiate O True Novice O Novice O Junior O 35+ O 40+ O 50+ O First Responder O Armed Forces	MEN'S CLASSIC PHYSIQUE: RULES: For Classic Physique, your competition weight is regulated by your height. You must fall in these height AND weight ranges on CONTEST DAY or you may compete in Men BB or Men's Phys.
FIGURE O Open O Novice O True Novice O 35+ O 40+ O 50+ O First Responder O Armed Forces FITNESS O Open	MEN'S BODYBUILDING Open OTeen Ocollegiate OTrue Novice O Novice O35+ O40+ O50+ O60+ O Junior O First Responder O Armed Forces	MAX HEIGHT and MAX WEIGHT: 5'4 160 5'5 165 5'6 170 5'7 175 5'8 182 5'9 190 5'10 197 5'11 205 6'0 212 6'1 220 6'2 230 6'3 237 6'4 245 6'5 252 6'6 260 6'7 267 Over 6'7", 275
WOMEN'S BODYBUILDING Open First Responder OArmed Forces	Please note: Competitors MAY crossover and compete in Men's Physique, Men's BB, and Classic Physique, if they meet the Classic Physique guidelines at right >>	If you will fall within these ranges, SELECT Classic Physique Divisions Below:
WOMEN'S PHYSIQUE ○ Open ○ True Novice ○ 35+ ○ First Responder ○ Armed Forces		O Open O 35+ O 40+ O 50+ O First Responder O Armed Forces O True Novice O Novice O Teen
WAIVER: In consideration of being allowed to participate in any way in this events and activities, I, the undersigned, acknowledge, appreciate and agree skills, equipment, and personal discipline may reduce this risk, the risk of seri OF THE PROMOTER AND/OR THE NPC or others, and assume full responsis unusual significant hazard during my presence or participation, I will remove nepresentatives and next of kin, HEREBY RELEASE, INDEMNIPT, AND HOLD sponsors, advertisers, and if applicable, owners and lessors of premises used presence at or participation in or in traveling to and from the Event, WHETHE want to receive email communication from Gary Udit, GMU Productions LLC, events and offers, I will inform Mr. Udit at news@garyudit.com 800-929-35 the bottom of the email or by sending a request to "news@garyudit.com" with related events. I hereby grant the NPC-Promoter and/or any other NPC-appr film, tape, still photography or otherwise) my voice, appearance and name, ar letevision, television motion pictures, video, printing on digital or any other me information about me in any connection with any of the foregoing. The rights connection therewith. Nothing contained herein shall be deemed to obligate it or to make use of any rights granted herein. I also understand that the aforem or to make use of any rights granted herein. I also understand that the aforem entertainment organization, are videotaping and photographing the Event in e video or entertainment organization hereunder.	event ("Event") promoted by GMU PRODUCTIONS LLC ("Promoter") and that: The risk of injury from the activities involved in this Event is significated injury does exist; and, I KNOWINGLY AND FREELY-ASSUME ALS bibility for my participation; and, I willingly agree to comply with the stated nyself from participation and bring such to the attention of the Promoter! D HARMLSS THE PROMOTER AND THE NPC and each of their office for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJU RARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHIO or their designated partners with updates on future events, news and fits 98. Gary Udif and GMU Productions LLC keeps your email secure. All er the word UNSUBSCRIBE MY EMAIL in the subject line. And in further coved video or entertainment organization and all of their agents, success did to exhibit, distribute, transmit, and/or otherwise exploit any and all men granted by me hereunder are granted for the entire universe and shall en entygranted by me hereunder are granted for the entire universe and shall erentioned rights may be reassigned at any time without further consent. I express reliance upon the foregoing, and I represent and agree that I am express reliance upon the foregoing, and I represent and agree that I am	nd sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its relate cant, including the potential for permanent paralysis and death, and while particular SUCH RISKs, both known and unknown, EVEN IF ARISING FROM THE NEGLIGEN at and customary terms and conditions for participation, if, however, I observe any immediately; and, for myself and on behalf of my heirs, assigns, personal sers, officials, agents and/or employees, other participants, sponsoring agencies, JRY DISABILITY, DEATH, or loss or damage to person or property associated with my IERWISE, to the fullest extent permitted by law. Relative to my email address, yes, I tness/bodybuilding/contest offers. If I wish to opt out of receiving emails about future mail recipients may easily unsubscribe from the malling list at any time using a link in consideration of permission being granted to me to participate in the Event and its sors, licensees and assigns, the right to photograph or otherwise reproduce (whether edia, including without limitation, by means of still photography, motion pictures, radio, y merchandising, advertising and/or publicity, and the right to use my name and nure in perpetuity and no further compensation shall be payable to me at any time in ent organization, to photograph or otherwise reproduce my voice, appearance or nam I understand that the NPC, the Promoter and/or any NPC-approved video or 1 free to grant the rights granted to the NPC, Promoter and/or any other NPC-approve
I HAVE READ THIS WAIVER and RELEASE OF LIA THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS B		IENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND UNTARILY WITHOUT ANY INDUCEMENT.
X Participant/Competitor Signature:		Date Signed:
FOR PARENTS/GUARDIANS OF PARTICIPANTS W participant, do consent and agree to his/her release as provided above of all t and all liabilities incident to my minor child's involvement or participation in the	/HO ARE UNDER AGE 18 AT TIME OF REGISTF the Releasees, and, for myself, my child and our heirs, assigns, and next see programs as provided above, EVEN IF ARISING FROM THE NEGLI	RATION: This is to certify that I, as parent/guardian with legal responsibility for the droit of kin, I release and agree to indemnify and hold harmless the Releasees from any IGENCE OF THE RELEASEES, to the fullest extent permitted by law.
X Parent Signature (if competitor under	18):	Date Signed:
TOTAL COST of CLASSES ENTERED: Send Total to GMU PRODUCTIONS LLC at address on to		s at top) GRAND TOTAL: C card, or get tickets at check-in. Questions 412-377-1438