OFFICIAL USE ONLY:	DIVISION	_CLASS
DIV/CLASS ADJUST	MENTS	COMP #



Official Entry Form for 2019 NPC TEEN, COLLEGIATE & MASTERS NATIONALS EVENT DATES: JULY 17, 18, 19, 20, 2019 You may register by mail or at athlete check-in using this form, or online at GaryUdit.com. Mail-in forms must be postmarked by June 26. Late Fee of \$225 if postmarked after June 26.



	Height	Name	
Address		City	State Zip
Age (contest day) Phone		Email	State Zip O < check for no emails / <u>T SHIRT SIZE:</u> S M L XL XX
BIKINI		MEN'S PHYSIQUE	MEN'S CLASSIC PHYSIQUE:
○ Teen ○ Collegiate ○ 35+ ○ 40+ ○ 45+ ○ 50+ ○	O 55+	○ Teen ○ Collegiate ○ 35+ ○ 40+ ○ 45+ ○ 50+ ○ 55+ ○ 60+	RULES: For Classic Physique, your competition weight is regulated by your height. You must fall in these height AND weight ranges on CONTEST DAY or you may compete in Men BB or Men Phys.
FIGURE		337 007	MAY LIFECUT and MAY WEIGHT.
○ Teen ○ Collegiate	ŗ	MEN'S BODYBUILDING	MAX HEIGHT and MAX WEIGHT: 5'4 160 5'5 165 5'6 170 5'7 175
○35+ ○40+ ○45+		○ Teen ○ Collegiate	5'8 182 5'9 190 5'10 197 5'11 205
○50+ ○55+ ○60+		○35+ ○40+ ○50+	6'0 212 6'1 220 6'2 230 6'3 237
		○60+ ○70+ ○80+	6'4 245 6'5 252 6'6 260 6'7 267
WOMEN'S BODYBUILDING			Over 6'7", 275
○35+ ○40+ ○45+		Olessa wata.	
○50+ ○55+ ○60+	5	Please note:	If you will fall within the ranges above,
		Competitors MAY crossover and compete in Men's	pick Classic Physique Divisions below:
WOMEN'S PHYSIQUE		Physique, Men's BB, and Classic Physique, if they meet the Classic Physique guidelines at right >>	O Tana O Callagiata
○35+ ○40+ ○45+	"	neet the Classic Filysique guidennes at high	○ Teen ○ Collegiate ○ 35+ ○ 40+ ○ 45+ ○ 50+
○50+ ○55+ ○60+			035+ 040+ 045+ 050+ 055+ 060+
	ASE OF LIAB	BILITY AND ASSUMPTION OF RISK AGREEN	and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), it ifficant, including the potential for permanent paralysis and death, and while partic. LSUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEG ted and customary terms and conditions for participation, if, however, I observe a ter immediately; and, I, for myself and on behalf of my heirs, assigns, personal fifcers, officials, agents and/or employees, other participants, sponsoring agencie LURY DISABILITY, DEATH, or loss or damage to person or property associated THERWISE, to the fullest extent permitted by law. Relative to my email address, if tiness/bodybuilding/contest offers. If I wish to op tout of receiving emails about I email recipients may easily unsubscribe from the mailing list at any time using a er consideration of permission being granted to me to participate in the Event and resessors, licensees and assigns, the right to photograph or otherwise reproduce we media, including without limitation, by means of still photography, motion pictures any merchandising, advertising and/or publicity, and the right to use my name an I endure in perpetuity and no further compensation shall be payable to me at any iment organization, to photograph or otherwise reproduce my voice, appearance nument organization, to photograph or otherwise reproduce my voice, appearance nument organization, to photograph or otherwise reproduce my voice, appearance and free to grant the rights granted to the NPC, Promoter and/or any other NPC-a
	. RIGHTS BY	SIGNING IT, AND SIGN IT FREELY AND VOI	
	<u>ture</u> :		Date Signed: