OFFICIAL USE ONLY:	DIVISION	CLASS
DIV/CLASS ADJUST	MENTS	COMP #



## Official Entry Form for 2019 NPC NORTH AMERICAN CHAMPIONSHIPS EVENT DATES: AUGUST 28, 29, 30, 31, 2019



You may register by mail or at athlete check-in using this form, or online at <u>GaryUdit.com</u>.

	Weight (estimate contest day) Heigl		э		
Address			City	State Zip	
Age (contest day)	Phone	Email		State Zip O < check for no emails / <u>T SHIRT SIZE:</u> S M L XL XXI	
BIKINI		MEN'S PHYSIQ	UE	MEN'S CLASSIC PHYSIQUE:	
O Open	○35 and over	Open	O 35 and over	RULES: For Classic Physique, your	
	O 45 and over	O 40 and over	O 45 and over	competition weight is regulated by your	
○ 50 and over		050 and over	0 55 and over	height. You must fall in these height AND	
FIGURE		0 60 and over		weight ranges on CONTEST DAY or you	
O Open	○35 and over			may compete in Men BB or Men's Phys.	
	○ 50 and over	MEN'S BODYBU	UILDING	MAY HEIGHT I MAY WEIGHT.	
0 60 and over		O Open	O 35 and over	<b>MAX HEIGHT and MAX WEIGHT:</b> 5'4 160 5'5 165 5'6 170 5'7 175	
FITNESS		0 40 and over	0 50 and over	5'4 160 5'5 165 5'6 170 5'7 175 5'8 182 5'9 190 5'10 197 5'11 205	
O Open		0 60 and over	O 70 and over	6'0 212 6'1 220 6'2 230 6'3 237	
О Орон		o oo ana ove.	C 70 and Over	6'4 245 6'5 252 6'6 260 6'7 267	
WOMEN'S BO	DVBI III DING			Over 6'7", 275	
Open	O 35 and over			J 5 4 5 7 7 2 7 5	
0 40 and over	O 00 and over	Please note:		If you will fall within these ranges,	
O 40 and over		Competitors MAY cross	sover and compete in Men's and Classic Physique, if they	SELECT Classic Physique Divisions	
MOMENIA DR	VOIGHE	meet the Classic Physic	que guidelines at right >>	Below:	
WOMEN'S PH' ○ Open	○35 and over				
	O 50 and over			Open O35 and over O40 and over	
0 40 and over	O 50 and over			○ 50 and over ○ 60 and over	
ywents and activities, I, the ur skills, equipment, and person OF THE PROMOTER AND/C unusual significant hazard du representatives and next of k sponsors, advertisers, and if presence at or participation in want to receive email commu events and offers, I will inforn the bottom of the email or by related events. I hereby gran	ordersigned, acknowledge, appreciate and ald discipline may reduce this risk, the risk. THE NPC or others, and assume full re uring my presence or participation, I will rer in, HEREBY RELASE, INDEMNIFY, ANL applicable, owners and lessors of premise or in traveling to and from the Event, WH unication from Gary Udit, GMU Productions in Mr. Udit at news@garyudit.com or 800-9 sending a request to "news@garyudit.com or 800-9 sending a request to "news@garyudit.com or the NPC or otherwise) my voice, appearance and na pictures, video, printing on digital or any other connection with any of the foregoing. The I g contained herein shall be deemed to obligate the size of the process of the content of the process	agree that: The risk of injury from the a of serious njury dose exist; and, I KNC sponsibility for my participation; and, I nove myself from participation and brir D HOLD HARMLESS THE PROMOTE s used for the activity ("Releasees"), WETHER ARISING FROM THE NGELICS; LLC, or their designated partners wiff "with the word UNSUBSCRIBE MY E-approved video or entertainment org. me, and to exhibit, distribute, transmit, her medium now known or hereafter drights granted by me hereunder are grigate the NPC, Promoter, and/or any oaforementioned rights may be reassign ent in express reliance upon the foreacting strains where the services of the	activities involved in this Event is signiff  DWINGLY AND FREELY ASSUME ALL  Willingly agree to comply with the state  ng such to the attention of the Promote  R AND THE NPC and each of their office  WITH RESPECT TO ANY AND ALL IAU  GENCE OF THE RELEASES OR OTI  h updates on future events, news and fi  ions LLC keeps your email secure. All it  EMAIL in the subject limil secure. All or  in and/or otherwise exploit any and all  evised, including with respect also to as  anted for the entire universe and shall  ther NPC-approved video or entertainn  ned at any time without further consent  inc. and i propresent and agree that I as	and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its ficant, including the potential for permanent paralysis and death, and while partict. LSUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGL ed and customary terms and conditions for participation, if, however, I observed an er immediately; and,I, for myself and on behalf of my heirs, assigns, personal icers, officials, agents and/or employees, other participants, sponsoring agencies JURY DISABILITY, DEATH, or loss or damage to person or property associated w THERWISE, to the fullest extent permitted by law. Relative to my email address, y fitness/bodybuilding/contest offers. If I wish to opt out of receiving emails about fu email recipients may easily unsubscribe from the mailing list at any time using a lessors, licensees and assigns, the right to photograph or otherwise reproduce (wheedia, including without limitation, by means of still photography, motion pictures, my merchandising, advertising and/or publicity, and the right to use my name and endure in perpetuity and no further compensation shall be payable to me at any timent organization, to photograph or therwise reproduce my voice, appearance of t. I understand that the NPC, the Promoter and/or any NPC-approved video or in free to grant the rights granted to the NPC, Promoter and/or any other NPC-ap	
film, tape, still photography or television, television motion information about me in any o connection therewith. Nothino or to make use of any rights o entertainment organization, a video or entertainment organi	are videotaping and photographing the Eve ilization hereunder.		3,		
I HAVE READ THIS	S WAIVER and RELEASE OF	F LIABILITY AND ASSUM	IPTION OF RISK AGREEN	MENT, FULLY UNDERSTAND ITS TERMS, UNDERSTA	
I HAVE READ THIS THAT I HAVE GIVE	S WAIVER and RELEASE OF EN UP SUBSTANTIAL RIGHT	F LIABILITY AND ASSUM TS BY SIGNING IT, AND S	IPTION OF RISK AGREEN GIGN IT FREELY AND VOL	MENT, FULLY UNDERSTAND ITS TERMS, UNDERSTA LUNTARILY WITHOUT ANY INDUCEMENT.	
I HAVE READ THIS THAT I HAVE GIVE	S WAIVER and RELEASE OF	F LIABILITY AND ASSUM TS BY SIGNING IT, AND S	IPTION OF RISK AGREEN GIGN IT FREELY AND VOL	MENT, FULLY UNDERSTAND ITS TERMS, UNDERSTA LUNTARILY WITHOUT ANY INDUCEMENT.	
I HAVE READ THIS THAT I HAVE GIVE  X Participant/C  FOR PARENTS/GU participant, do consent and a	S WAIVER and RELEASE OF EN UP SUBSTANTIAL RIGHT Competitor Signature:	F LIABILITY AND ASSUM TS BY SIGNING IT, AND S  TS WHO ARE UNDER AG of all the Releasees, and, for myself, r	IPTION OF RISK AGREEN SIGN IT FREELY AND VOL  SE 18 AT TIME OF REGIST my child and our heirs, assigns, and ne	MENT, FULLY UNDERSTAND ITS TERMS, UNDERSTA LUNTARILY WITHOUT ANY INDUCEMENT.	

Send Total to GMU PRODUCTIONS LLC at address on top of form. You may register or add classes, get NPC card, or get tickets at check-in. Questions 412-377-1438