2015 NPC NATURAL KENTUCKY CHAMPIONSHIPS

Bodybuilding  Fitness  Figure  Bikini  Physique  Drug Tested

**POISING MUSIC**

ALL Bodybuilding and Women's Physique posing music MUST be the only music on a CD!
ALL CDs will be collected when you Weigh-In.
ALL music will begin when the competitor name is announced – 70 second maximum

**TRAINER’S PASS - $50**

You can have your Trainer with you always! The TRAINER’S PASS allows access to the Pump-Up Area. The Trainers Pass must be purchased at the Weigh-ins. The Trainer must also have an event ticket.

**NO DUMBBELLS**

No weights are permitted in the facility. You are advised to bring exercise bands.

**TICKETS**

PREJUDGING - $15 - children under 12 are free
FINALS - $30 - Reserved Seating

**OLYMPIA TAN**

www.olympiatan.com

*Providing Professional Spray Tanning, Hair and Make-Up in the Venue*

Spray Tanning: Mike  412-298-5052  mike@olympiatan.com
Hair/Make-Up: Kelly  412-427-0410  kelly@olympiatan.com

**ORDER OF EVENTS**

OPTIONAL COMPETITOR MEETING – 11:00 am  PREJUDGING – Noon
Men BB Open, Over 35/40/50/60, Novice, True Novice, Junior, Teen
Bikini Open, Over 35, Novice, True Novice, Teen
Fitness 2-pc, Figure Open, Over 35, Novice, True Novice
Men Physique Open, Over 35, Novice, True Novice, Teen
Women’s Physique Open, Over 35
Women BB Open

OPTIONAL COMPETITOR MEETING – 4:00 pm  FINALS – 5:00 pm
Fitness Routines, Men BB Open, Over 35/40/50/60, Novice, True Novice, Junior, Teen
Bikini Open, Over 35, Novice, True Novice, Teen
Fitness Awards, Figure Open, Over 35, Novice, True Novice
Men Physique Open, Over 35, Novice, True Novice, Teen
Women’s Physique Open, Over 35
Women BB Open